



PRAYER, FASTING & ALMSGIVING FOR LENT 2023

Ash Wednesday – February 22, 2023 *St. Gabriel the Archangel* Mass –12:15 & 5:30 PM
• *St. Madeleine Sophie* Mass –9:00 AM & 7:00 PM; *Our Lady Queen of Peace* Mass 7:30 AM

Weekday Mass - *St. Gabriel* - Monday & Thursday at 9:00 AM
St. Madeleine Sophie - Tuesday, Wednesday, Friday 9:00 AM

Sunday Mass - *St. Gabriel the Archangel* - Sundays - 7:30 & 10:30 AM
• *St. Madeleine Sophie* - Saturday - 4:00 PM; Sunday - 9:00 AM & 7:00 PM

Stations of the Cross on Fridays February 24, March 3, 10, 17, 24, & 31, 2023
• *St. Gabriel* - Stations of the Cross with Exposition & Benediction at 7:00 PM
• *St. Madeleine Sophie* at 1:30 PM; **Our Lady Queen of Peace at 1:00 PM**

Reconciliation- *St. Madeleine Sophie*, March 13 & 28, 6:00-8:00PM; *St. Gabriel*, March 22, 1:30-3:00PM;
Our Lady Queen of Peace, March 20, 1:00-2:30PM

Rite of Election - Sunday, Feb. 26th at 2:00 PM at the Cathedral of the Immaculate Conception, Albany.

Liturgical ministers - Signup for the Triduum. Signup sheets in the Gathering Area beginning March 12th.

Faith & Spiritual Study - March 2, 15 & April 5 from 12:30 - 3:00 PM at *St. Gabriel* – School room 8.

Eucharistic Adoration & Reconciliation Monday, March 13, 6:00 – 8:00 PM @ *St. Gabriel*,- Fr. Yusko

Chrism Mass - Thursday, March 30 at 7.00 pm at The Cathedral of the Immaculate Conception, Albany.

Palm Sunday – April 2, 2023 Regular Sunday Mass schedule at both churches

Easter Egg Hunt – April 2, 2023 1:00 pm at *St. Madeleine Sophie*

Rehearsal – Wednesday, April 5 for Good Friday - 5:30 pm; for Holy Thursday - 6:30PM at *St. Gabriel*.
• 10:00 AM Sat. April 8 for Easter Vigil @ *St. Gabriel*; **11:00 AM at SMS for Easter Mass at SMS.**

Triduum [Holy Week] at St. Gabriel the Archangel ONLY Liturgical ministers Signup in the Gathering Area beginning March 12, 2023

Holy Thursday, April 6, 2023

- 9:00 AM Morning Prayer at *St. Madeleine Sophie Church*
- **7:30 PM - Mass of the Lord's Supper** Adoration until 10:30 pm **only** at *St. Gabriel the Archangel*
- Washing of Feet

Good Friday, April 7, 2023 (a day of Fast and Abstinence)

- 9:00 AM Morning Prayer at *St. Madeleine Sophie Church*
- **3:00 PM Stations of the Cross at St. Gabriel The Archangel**
- **7:30 PM Liturgy of the Lord's Passion and Death only** at *St. Gabriel the Archangel*
- Reverencing the Cross. Bough or genuflect.

Holy Saturday, April 8, 2023

- 9:00 AM Morning Prayer at *St. Madeleine Sophie Church*
- 10:00 AM Easter Vigil Rehearsal at *St. Gabriel the Archangel*
- 12:00 PM Blessing of Food - both *St. Gabriel* & *St. Madeleine Sophie*
- **8:30 PM Vigil Mass at St. Gabriel the Archangel only**

Easter Sunday, April 9, 2023

- *St. Gabriel* - 7:30 & 10:30 AM; *St. Madeleine Sophie* - 9:00 AM, 12:00 PM and 7:00 PM
- **Our Lady Queen of Peace – 8:00 AM**

Rice Bowl! Please support "Operation Rice Bowl" and save up money for the world's hungry – a wonderful
• Lenten practice benefiting Catholic Relief Services.

The Word Among Us: Booklet of Reflections on the daily reading available at the church doors and
• through the parish office.

Fast & Abstinence: Ash Wednesday and Good Friday are days of fast and abstinence.

- Fast: Catholics age 14 - 59 have one regular meal and 2 smaller meals.
- Abstinence: Catholics of all ages abstain from eating meat.
- Fridays during Lent are days of abstinence.